

LTBHS CONTRABAND LIST:

For the safety of our patients and staff, the following items are not allowed in the patient milieu or patient bedrooms (unless otherwise noted, items should be stored in locked patient effects room & returned upon discharge):

CLOTHING

Shoestrings
All Clothing with drawstrings, including military clothing, sweatshirts, pajamas (no strings allowed)
Bras with underwire
Hoodie style shirts
Belts
Bandanas, scarves, neckties
Overalls
Large, heavy footwear such as boots
High Heels
Hats

*JEWELRY

All jewelry, except wedding bands
Bracelets/**Wristbands** of any kind
Watches and bracelets made from Paracord
Body jewelry

PERSONAL ITEMS

Any electronic item with a cord
Mirrors, including compacts & makeup with mirror
Aerosol cans (will be disposed)
Body wash puffs
Baby oil, Vaseline, Baby powder
Needles, sewing hooks, pins
Guitar strings
Ink pens
Any items with alcohol.
Scrunchies

TOBACCO PRODUCTS

Cans
E-cigarettes & devices, batteries
Lighters, matches (will be disposed)
Menthol Cigarettes/Menthol Capsules
Loose Tobacco
Tobacco Rolling Instruments
Opened Cigarette Packets

WEAPONS

*Knives, sharp objects, ice picks, etc. (unit safe)
*Firearms, ammunition, fireworks (unit safe)
Scissors, nail clippers, razors
(Weapons may not be returned until 30 days after d/c)

SUBSTANCES

Illegal substances (will be disposed)
Drug paraphernalia (will be disposed)
Medications
Alcohol in any form (will be disposed)

METAL

All metal objects, toys, game pieces
Metal cans
Eating utensils
Wire bound notebooks
Paper clips, staples
Magnets and anything containing magnets

ELECTRONICS

*Cell phones
*Cameras
*Computers / tablets / Walkman's / iPods etc.
Any radio, electronics, or anything with a cord
Anything containing batteries
Button batteries

MISCELLANEOUS

All glass items (except eyeglasses)
All Small Toys
Plastic bags (includes store bags, garbage bags, etc.)
Zipit Products (change purses, tote bags, pencil cases, etc.)
Polymer toy balls
Pump bottles
Walking sticks
Fidget spinners/cubes
Sunglasses
Exercise equipment
*Money/ credit cards
Activity therapy items (may be stored in locked patient effects room and taken upon discharge)
Any similar/like additional items that treatment team deems to pose a safety threat (RN discretion)

The items listed above are not allowed with individual patients or in the milieu. This is for safety purposes for all patients. MD orders cannot supersede this list, as this could compromise patient/milieu safety. This contraband list is active & is to be followed despite patients' diagnosis & precautions. **Other items may be removed/not allowed if determined to be unsafe by Tx Team**

**Items will be locked in the safe*

Contraband items to be used ONLY under specific supervision and are not to be allowed in the milieu without a certain level of oversight and/or supervision. (Below items will be supplied by LTBHS)

Razors: LTBHS razors will be supplied for those eligible when staffing and schedule allows. (Staff discretion)
-Adults on no precautions may shave during razor time only under appropriate supervision.
-Razors must be signed out by staff, and staff must keep count of razors in the milieu at all times.
-Razors must be collected and re-counted to ensure there are no razors left in the milieu.
-Patients on SI/HI/Aggression/Psychosis/Elopement precautions may NOT use razors.
-Patients on other precautions can use razors only under 1:1 supervision, as designated times IF/WHEN staff are available to supervise.

Guitars:

-LTBHS guitars may only be used under 1:1 supervision with a therapist or activity therapist, as an intervention on treatment plan.
-Patient must be on no precautions and must be compliant with programming and behavioral expectations.
-LTBHS Guitar must be inspected, and strings counted prior to use and after use by staff supervising.

Flip flops/ Sandals/ Slides:

-Patients may wear flip flops or sandals in the shower only. These may not be worn in the milieu due to falls risks. Flip flops or sandals may not be worn to gym, café, on unit.

Hygiene items:

LTBHS will provide hygiene items such as shampoo, conditioner, toothpaste, etc. LTBHS provides hypoallergenic items as needed. Patients will be allowed access to a small amount of these LTBHS products during hygiene time, only. Items will be kept in their hygiene baskets in their lockers and only be handed out during designated hygiene times. Personal hygiene items will be locked in patient effects until discharge, at which time they will be returned with other belongings.

Cigarettes, Dip, & Tobacco:

-Using tobacco products while at LTBHS is a privilege versus a right.
-Patients will be allowed to use tobacco products only during designated patio times, if the patient has been safe, compliant with treatment, and is safe to go outside during that time.

-Patients who are not safe with these items, including but not limited to, selling/trading tobacco items for other substances, favors, or money; hiding items in their rooms; lighting matches or lighters, or using tobacco items anywhere inside the building; refusing to turn items back in for storage in lockers; concealing lighters or matches on their body, in their bedrooms or belongings; stealing others' tobacco products; &/or being unsafe while outside; threatening; aggressive; & non-compliant with treatment/programming guidelines could lose access to tobacco products.

*No electronic cigarette devices will be allowed for use here at LTBHS.

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This section is for staff use & education only- do not post this page:

Documentation of Patient Belongings record: *(this is not an all-inclusive list- questions should go to nurse managers / house supervisors)*

Contraband disposed of: disposable lighters, drugs & paraphernalia (with documentation & witness)

Items placed in the Locked Unit Safe Place: valuables/ meds awaiting appropriate storage to safe, or pharmacy

Items placed in the Business Office Safe: all valuables, electronics, important documents

Items Placed in Patient effects room: all belongings outside of 7 chosen/searched/approved/safe outfits

Items released to patient for storage in patient bedroom (7 safe, approved & appropriate outfits, plus one pajama-no strings)

Items for Patient locker: tobacco products, phone numbers/address books

Med room: Medical equipment (walkers, canes, eyeglasses, hearing aids, dentures, CPAP, etc.)

Zip ties: No more than 1 for each shoe & belt loop

Rubber band/Thin Hair band: No more than one per person as needed

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